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PATIENT INSTRUCTIONS FOR GEL INJECTION TREATMENT

The treatment plan recommended by Dr. Pearle requires medication that will be injected into your knee(s) in the office. Your designated Specialty Pharmacy will dispense your injection(s). To get started, we require your assistance, please follow these steps below.

Step 1
CONTACT YOUR INSURANCE

Call the Member Services # on your card to find out the **NAME** of your "**SPECIALTY PHARMACY**".

A few examples of the most common specialty pharmacies are CVS Caremark, Accredo/Express Scripts, OptumRX, Aetna Specialty Pharmacy, Cigna Specialty Pharmacy, and Prime.

Step 2
CALL US

Provide the above information to our office so that we may send in a prescription and start the process of obtaining this medication for you.

WHAT BRAND OF MEDICATION WILL I BE RECEIVING? In most cases, insurance will not approve a single injection if you have not tried and failed a 3 injection series. The brand you will receive depends on what your particular plan will cover. The injectable brands administered by Dr. Pearle are:

<u>3 Injection Series</u>		<u>1 Injection</u>	
Orthovisc	CPT Code: J7324	Gel-One	CPT Code: J7326
Euflexxa	CPT Code: J7323	Monovisc	CPT Code: J7327
Gelsyn-3	CPT Code: J7328	Durolane	CPT Code: J7318
Supartz	CPT Code: J7321	Synvisc One*	CPT Code: J7325
Synvisc	CPT Code: J7325		

*Synvisc One is only prescribed when other single injections are not covered by the insurance plan.

These are administered once a week for three consecutive weeks, typically on Mondays.

HOW LONG DOES THIS TAKE? It can take 2-8 weeks to receive the gel injections in the office. Prior to shipping your injection(s), your Specialty Pharmacy will contact you to collect a rx copay and to obtain your consent to ship us the medication. **Once you have given consent, the medication will be shipped to us at 535 East 70th Street, NY NY 10021. We cannot receive shipments to our physical office locations.**

WE WILL CONTACT YOU. When your injections arrive, we will contact you to schedule your appointment(s) with Emma Jane Smith, our Nurse Practitioner. **Appointments cannot be made prior to us receiving the medication.** If you have further questions, or if it has been several weeks and you have not yet heard from your Specialty Pharmacy, please contact us at **212-774-2878 (opt. 2).**