

## **Patient Instructions for Obtaining Gel Injections**

The treatment plan recommended by Dr. Pearle requires you to obtain medication that will be injected into your knee in the office. This information is intended to guide you through this process. The injectable medication Dr. Pearle recommended is:

- Orthovisc (Drug Code: J7324)
- Synvisc-One (Drug Code: J7325)
- Euflexxa (Drug Code: J7323)
- Monovisc (Drug Code: J3490)
- Supartz (Drug code: J7321)
- Gel-One (Drug Code: J7326)

**Step 1:** Contact your medical insurance provider to find out who your **Specialty Pharmacy** is that will supply you with specialty medications. This medication is expensive and is not available at local pharmacies. You will need to obtain **the name and fax number** of your specialty pharmacy as well as asking which of the medications listed above is a “**preferred drug**” for your plan. You will then provide the information to our office so that your prescription can be submitted for you.

**Step 2:** Complete the enrollment process with your specialty pharmacy by providing your demographic and insurance information. The specialty pharmacy will verify your benefits and can explain any financial responsibility. Prior to shipping the medication, they will contact you to inform you of any payment necessary and to get your consent to ship the medication. Once you have made the necessary payment, the medication will be shipped to our office at 523 East 72<sup>nd</sup> street 6<sup>th</sup> floor, NY, NY 10021.

**Step 3:** Once the medication is delivered, we will contact you to schedule your appointment(s) with Nikki Fein, PA-C so the medication can be administered.

Please follow up with your specialty pharmacy in regards to the status of your gel injections. Our office will **only** communicate with your specialty pharmacy via fax. This includes; prescription submission, precertification, preauthorization, and submission of clinical information.

It can take 2-6 weeks to receive the gel injections in the office. Following the instructions on this sheet has proven to be the quickest and most efficient method of navigating through this process. If you need any further assistance, please feel free to contact us at phone and/or fax number listed above.